

THE OFFICIAL CLUB BULLETIN OF THE ROTARY CLUB OF POLOMOLOK 101

# The Club 1

Volume 1 | Issue 2 | Series of 2021 | August 2021


**AUGUST IS MEMBERSHIP & NEW CLUB DEVELOPMENT MONTH**

**"Somebody once shared the gift of Rotary to each one of us. Let us then share the same gift to someone else. Together, let us Grow Rotary!"**

**DG Anna & PAG Troy Bumagat**

**Rotary**   
District 3860



Polomolok 101  
**Rotary**  
Club 



Polomolok 101  
**Rotary**  
Club



# OFFICERS AND DIRECTORS RY 2020-2021



**SHEKHAR MEHTA**  
Rotary International  
President



**ANNA LOUISA  
BUMAGAT**  
District Governor



**CAROLINE DEE  
ANDRADE**  
District Secretary



**RUSSEL  
REGOLLO**  
Asst. Governor, 3F



**LANI  
CASTANIAGA**  
President



**MARY JOY  
TORRES**  
Vice President



**EVERNIE  
ALFECHE**  
PE/Secretary



**MAYVELYN  
URBANO**  
Executive  
Secretary



**JADE RALLOS**  
Treasurer



**GLADYS  
BALANO**  
Auditor



**FANNY  
FERNANDEZ**  
Protocol Officer



**CELEMA  
GRINO**  
Administration  
Director



**MARIBEL  
ACUESTA**  
Membership  
Director



**ROGELIO  
RALLOS, JR.**  
TRF Director



**MELANI  
DEYPALAN**  
Vocational  
Service Director



**XAVIER  
BAYAN**  
Youth Service  
Director



**ALAN INES**  
Community  
Service  
Director



**NIEVEN MAY  
ALFECHE**  
IPP

**“True Leadership lies in guiding others to SUCCESS- In ensuring that everyone is performing at their best, doing the work they are pledged to do and doing it well...”**



# RI President's Message

## Shekhar Mehta

I wish each of you and your families a great Rotary New Year! Together, let us make it the best year of our lives, by making it a year to grow more and do more. Let this be a year of changemakers, and let us begin with our membership. That is precisely why the Each One, Bring One initiative is so important. During this year, I urge you to dream of new ways in which Rotary can expand its reach into your community and therefore the world. If each member introduces one person to Rotary, our membership can increase to 1.3 million by July 2022. So, let's just do it!

Imagine the change we, as Rotary members, can make when there are so many more of us! More people to care for others, more people to Serve to Change Lives. Think of the impact we can have through grow more, do more. More members will enable us to embark on bigger and bolder service projects. And each of us can also continue to serve in our own personal ways, responding to needs in our communities. The beauty of Rotary is that service means different things to different people around the world. One element, however, that we can incorporate into all of our service initiatives is empowering girls. Unfortunately, even in this day and age, girls and young women face disproportionate challenges all over the world. We have the power to lead the charge for gender equality. Empowering girls and young women to have greater access to education, better health care, more employment, and equality in all walks of life should be embedded in every Rotary project we launch. Girls are future leaders, so we must ensure that we help them shape their future.

The biggest gift we are given is the power to touch a life, to change, to make a difference... In the circle of life, if we can reach out with our hand, heart, and soul, the magic will start to happen... As the wheel begins to roll, let's turn the wheel together so all humanity thrives. We have the power and the magic To Serve to Change Lives.

These are challenging times, and I compliment each of your efforts in grappling with COVID-19. No challenge is too big for Rotarians. The bigger the challenge, the more passionate the Rotarian. Look at what we can do when we take on a colossal challenge such as eradicating polio. Look at the millions of lives we improve by strengthening access to water, sanitation, and hygiene. Look at what we do every year to promote peace in places where it seems unimaginable. Our basic education and literacy programs have nation-building impact.

This year, let us challenge ourselves to do more such projects and programs that have national reach and impact.



# Message from the Governor



**ANNA LOUISA  
BUMAGAT**  
*District Governor*



**SERVE TO CHANGE LIVES**

Dear fellow Rotarians,

**Greetings!**

**In the Rotary World, we celebrate Membership and New Club Development in August. It is therefore fitting that we celebrate the many ways in which Rotary clubs attract and engage members to meet Rotary International priority to "Grow Rotary" and achieve Rotary International President Shekhar Mehta's vision to reach 1.3 million Rotarians by the end of our Life-Changing Year.**

**Since July 1, I have witnessed the induction of new members and I can tell you that we are attracting young, dynamic men and women to be part of our Rotary Family. I am also delighted to report that as of July 30, we registered 35 new rotarians reported to the Rotary website. That is an average of 1 new member everyday. Let us continue this momentum and aim for 365 new members- 1 new member each day of our Rotary Calendar! Additionally, I am happy to inform you that we will soon welcome one new club in the District. Indeed, these are exciting times and we are more than thrilled of growing Rotary in this part of the world.**

**This month is our opportunity to learn more about innovative club models. There is a wealth in potential Rotary Members in different contexts and therefore new club models can be developed to cater to their needs. I also urge you to look at flexible options for your clubs to explore especially during these unique times. Look at how you can innovate on the format, schedule and purpose of your meetings.**

**Likewise, today is a great time to encourage all Rotarians to bring a friend or a guest to your meetings or activities, create a buzz in social media and tell everyone what Rotary is all about, or do a fireside chat for new or potential members.**

**On engaging the youth, I hope you develop and mentor members of your Rotaract and Interact Clubs. In doing so, we have a hand in grooming reputable and effective leaders for Rotary's future.**

**And lastly, I hope that you take care of each other in the club level and keep the strong bond of family to ensure they will have a positive and worthwhile Rotary experience.**

**My friends, someone once shared the gift of Rotary to each and every one of us. Let us share the same gift of being able to make a difference to someone else. Together, let us #GrowRotary!**

**Sincerely yours,**

**Anna Louisa A. Bumagat**  
**District Governor**



**By Prexy Leni Castaniaga**  
*President*

# President's Page

We are celebrating Membership and New Club Development Month this August. We are but privileged to have the Strengthening Membership—A District Seminar last August 14, 2021. Indeed, the speakers are the best in their own areas of expertise and I hope we learned a lot from the best practices and tips they shared.

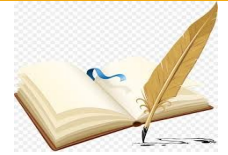
As been said, clubs like Rotary can thrive by seeking new members, retaining current ones, and sponsoring new clubs. For new members, let's work on "each one, bring one" approach by our District because that is what our RI President suggested us to do. We also keep in mind that keeping current club members is just as important as bringing in new ones. I believe we can do this as a Team— that is our challenge.

My dear Rotary Club of Polomolok 101, this Membership Month, let us specially celebrate our Rotary club, our members, and the good we do in the community in a safe and meaningful way.





# Editor's Note



August is Membership Month

Each August we celebrate Membership Month, an opportunity to thank our members for their commitment to Rotary. August is also our Foundation Anniversary Month. This year marks our 16th Charter Anniversary. The Rotary Club of Polomolok 101 has so much to be thank for this year. Despite of pandemic, we are all safe & sound...and because of its dedicated and supportive members we have accomplished projects covered by seven areas of focus. Thanks to the outstanding efforts of our officers and members.

**By May Urbano**  
*Past-Assistant Governor*



## Let's Celebrate Membership!

\*\*\***Celebrate our members!** Being part of Rotary means we are connected with the best group of people who share a passion for wanting to make the world a better place. We celebrate all that we have accomplished with a fun Rotary club mixer this month!

\*\*\***Make Rotary fun!** Attract new members by showcasing just how much fun it can be to be part of something BIG.

\*\*\***Share Ideas.** Share best practices, membership strategies, and gather new ideas!

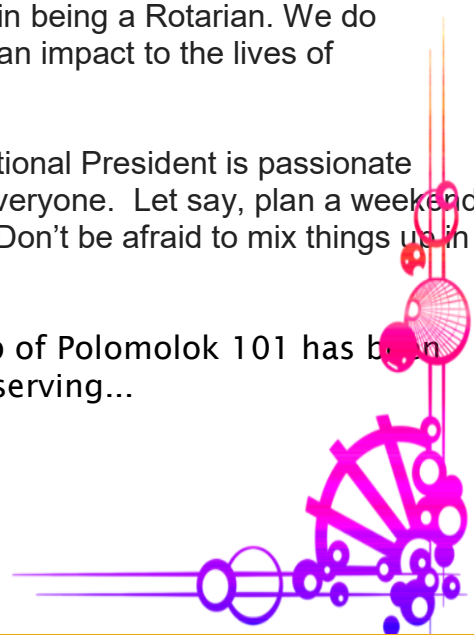
\*\*\***Community Surprise & Delight.** What a better way to celebrate than to showcase the pride we have in being a Rotarian. We do meaningful service projects that has an impact to the lives of beneficiaries.

\*\*\***Change it Up!** Our Rotary International President is passionate about making Rotary accessible to everyone. Let say, plan a weekend service project with family together. Don't be afraid to mix things up in ways that attract new members.

So far this is what the Rotary Club of Polomolok 101 has been doing and we are having FUN in serving...



Polomolok 101  
**Rotary**  
Club 



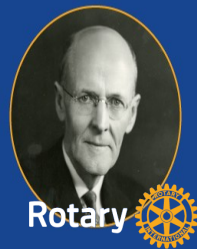
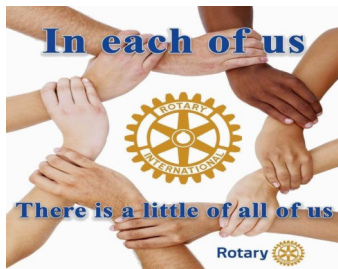


**by Evernie Alfeche**  
*Club Secretary*

# Secretary's Report

Our 4th General Membership meeting was held last August 2, 2021 at the front gazebo of PP Wang and Spouse Jade's Residence. Almost all members were present. The meeting was presided by our club President Lani Castaniaga. We started with a hearty dinner—thanks to the host— The Godfathers' group. Our "Accoustic Night"-themed fellowship was fun because we had a live coustic singer who entertained us and of course some members joined the stage singing their favorite songs. It was indeed a fun-filled night!

As we celebrate Membership month, this is the time to focus on and appreciate members, celebrate our dedication to the club and the impact we made to the community and to ourselves as well.



"Perhaps dreaming is not so bad if one dreams good dreams and makes them come true."

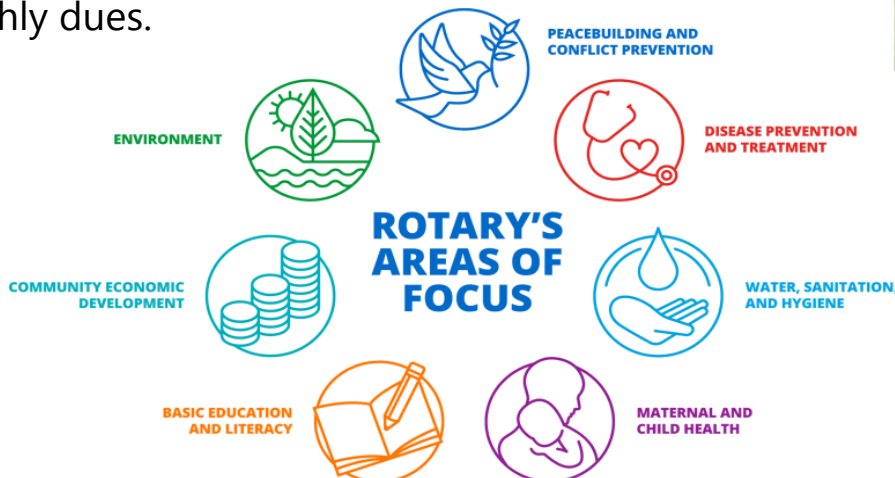
**— Paul Harris,**  
*My Road to Rotary*

# Treasurer's Report

Finally, we already received our Club Invoice for the first semester of RY 2021-22. Payment was already made this week. I would like to thank all the members for paying your monthly dues. However, we still have District dues to be settled, so please continue to support our club by paying your monthly dues.



**by Jade Rallos**  
*Club Treasurer*



# KNOW YOUR GOVERNOR

BY PAQ MAY URBANO

## GOVERNOR ANNA LOUISA ABANES BUMAGAT



*District Governor Anna Louisa Abanes-Bumagat* is the first and youngest Lady Governor from Area 3C and the third member from the Rotary Club of Ormoc to become Governor. She graduated a degree in Bachelor in Secondary Education (Cum Laude) from the University of the Philippines Diliman in 1992; and completed her Master's in Educational Leadership (With Distinction) from De La Salle University-Manila in 2009. Currently, she works as the School Director of Saint Paul's School of Ormoc and serves as Secretary on its Board of Directors. She is also the Finance Officer of Trophy Farm.

A second-generation Rotarian, she joined Rotary in 2005 and served as Club President in Rotary year 2009-2010. Beyond the club level, she assumed various district positions -- Assistant Governor; District Secretary; Internet and Communications Officer; Deputy for Special Projects; Community Service Chair; Stewardship Chair; Grants Chair for three years; and as Chief-of-Staff. To her, the theme "Serve to Change Lives" embodies her passion and purpose as a Rotarian to make a difference. She envisions growing membership in all levels of the organization and is a firm believer of The Rotary Foundation in its enduring mission to "Do Good in the World." With her brand of leadership, she endeavors to empower her fellow Rotary volunteers to learn more, to grow more, and do more for the communities they serve. She is married to Troy, also a Rotarian, and they are blessed with four children – fraternal twins Angela and Amanda, Athena and Tristan.





# Health Alert!

By: PP Dr. Melani Deypalan



## FAQS: VACCINES

### 1. How do vaccines prevent disease?

Vaccines mimic the virus or bacteria that causes disease and triggers the body's creation of antibodies. These antibodies will provide protection once a person is infected with the actual disease-causing virus or bacteria.

### 2. How do vaccines differ?

Vaccines differ in their composition and how they trigger the immune response to create antibodies. These antibodies protect the body from microorganisms and serve as protection once a person gets infected with disease. Vaccines can be inactivated, weakened or killed copies of the whole or part of the virus or bacteria, or genetic product (like mRNA vaccines) that creates protein copies without causing disease.

### 3. What are the possible side effects of vaccination?

The possible side effects of a vaccine include pain, redness, itchiness or swelling at the injection site (which may last a few hours); fever; feeling of weakness or fatigue; headache; dizziness; diarrhea; or nausea. Consult the nearest healthcare professional if you experience any of these.

### 4. Is vaccination mandatory?

No, vaccination is not mandatory. But the government highly encourages the public to get vaccinated and be protected against preventable disease.

### 5. Why do we need to get vaccinated for COVID-19?

With the BIDA steps and observance of minimum public health standards, vaccination is an important way to protect yourself from getting severe COVID-19.

### 6. When will the COVID-19 vaccine be available?

The government is currently in the advanced stages of negotiations with various vaccine manufacturers. We expect the first vaccine supply to arrive in the first quarter of 2021.

### 7. What is an Emergency Use Authorization (EUA)?

It is an authorization granted through a risk-based procedure for assessing unregistered (under development) vaccines or drugs during public health emergencies of international concern. It aims to expedite availability of the vaccine or drug to people affected by public health emergency based on essential set of available quality, safety and efficacy performance data.

### 8. Who will get the vaccines first?

Frontline health workers, senior citizens, indigent population, and uniformed personnel are the priority groups to be vaccinated.

### 9. Why will the prioritized groups get the vaccine first?

With the initial limited supply, frontline health workers and uniformed personnel are prioritized since they have higher risk of exposure while on duty and to allow them to continue fulfilling their duties in both the public and private sectors. Vulnerable groups such as the elderly and the indigent population, are prioritized guided by the principle of equity.

### 10. Can I purchase the vaccine from private clinics or pharmacies?

No, you cannot purchase COVID-19 vaccines from private clinics or pharmacies. At present, only the government is duly authorized to procure and administer vaccines. Until a full market authorization is issued by the Philippine FDA, any COVID-19 vaccine should not be sold to the public.

### 11. Is the vaccine free for priority groups?

The cost of vaccines for priority groups will be shouldered by the Philippine government.

### 12. If I am not part of the priority group, how will I get access to the vaccine?

The government is continuing negotiations to ensure adequate vaccine supply for all Filipinos, including those not in the priority groups.

### 13. Are the COVID-19 vaccines safe and effective?

COVID-19 vaccines that are granted with Emergency Use Authorization (EUA) by the Food and Drug Administration (FDA) are considered safe and effective based on the available evidence to date.

### 14. Are there risks for complications when given the COVID-19 vaccine?

Yes, like all other vaccines, there are risks of complications BUT SEVERE OR LIFE-THREATENING REACTIONS ARE EXTREMELY RARE. The benefit of protection against severe COVID-19 is greater than the risk. Anyone who will get the vaccine will be properly evaluated and closely monitored by health professionals to further minimize any risk.

### 15. What can we do while waiting for the vaccine?

We urge the public to be more vigilant with the information found online. Let us make it a habit to fact check and verify with reliable sources (DOH Facebook page, DOH website, WHO website, PIA website) regarding new information. Continue observing the minimum public health standards to prevent further transmission of the virus.

\*This excerpt is from the official website of Department of Health

Polomolok 101  
**Rotary**  
Club



# HALL OF PAST PRESIDENTS



**CP Omar Galinero,  
PHF+1**

**ROTARY YEAR  
2005-2006**



**PP Espie Maliwat,  
RFSM+2**

**ROTARY YEAR  
2006-2007**



**PAG Alan Ines,  
PHF.**

**ROTARY YEAR  
2007-2008**



**PP Rogelio Rallos,  
PHF+3**

**ROTARY YEAR  
2008-2009**



**PP Maribel Acuesta,  
RFSM+2**

**ROTARY YEAR  
2009-2010**



**PP Xavier Bayan,  
PHF +2**

**ROTARY YEAR  
2010-2011**



**PP Rey  
Trasporto**

**ROTARY YEAR  
2011-2012**



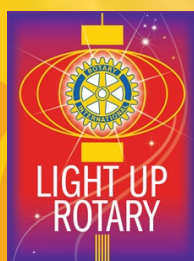
**PP Grace Salazar,  
RFSM**

**ROTARY YEAR  
2012-2013**



**PP Benhur  
Dapanas**

**ROTARY YEAR  
2013-2014**



**PP Rex  
Machan**

**ROTARY YEAR  
2014-2015**



**PP Celema Griño,  
RFSM+2**

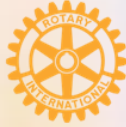
**ROTARY YEAR  
2015-2016**







**PAG Mayvelyn  
Urbano, PHF+1**

**ROTARY YEAR  
2016-2017**

Polomolok 101  
**Rotary**  
 Club



# HALL OF PAST PRESIDENTS

 <p>ROTARY: MAKING A DIFFERENCE</p>	 <p>BE THE INSPIRATION</p>	 <p>ROTARY CONNECTS THE WORLD</p>	 <p>Rotary Opens Opportunities</p>
<p><b>PP Gladys Balano, RFSM+2</b></p>	<p><b>PP Melani Deypalan, RFSM</b></p>	<p><b>PP Fanny Fernandez, PHF</b></p>	<p><b>IPP Nieven May Alfeche, PHF</b></p>
<p><b>ROTARY YEAR 2017-2018</b></p>	<p><b>ROTARY YEAR 2018-2019</b></p>	<p><b>ROTARY YEAR 2019-2020</b></p>	<p><b>ROTARY YEAR 2020-2021</b></p>

## HISTORY OF THE ROTARY CLUB OF POLOMOLOK 101

The Rotary Club of Polomolok 101 was officially chartered as a legitimate club by Rotary International, through the efforts of its mother club – the Rotary Club of Midtown Gensan -on August 31, 2005. As early as February 2003, there were already numerous attempts to organize a Rotary club in the municipality of Polomolok, but it was only in January 2005 when persistence finally paid off. With the blessing of RC Midtown Gensan, Omar Gallinero became the new club’s Charter President, leading 25 other charter members with various classifications. Rotary Club of Polomolok 101 was formed under the leadership of Len Magno as then the District Governor of 3860.

The club’s name is suffixed with the number 101 for two significant reasons: one, the club was founded on Rotary International’s 101st foundation anniversary; and the club was the 101st club to be chartered under District 3860.

The Rotary Club of Polomolok 101 was registered under District 3860, Area 3F with Club Number 70517 . To date, the Club runs on man-strength of 26 committed individuals.

### Mission Statement

The mission of Rotary International is to provide service to others, promote integrity, and advance world understanding, goodwill, and peace through its fellowship of business, professional, and community leaders.

### Vision Statement

“Together, we see a world where people unite and take action to create lasting change — across the globe, in our communities, and in ourselves.”



## 4rd GENERAL MEMBERSHIP MEETING & FELLOWSHIP NIGHT RALLOS RESIDENCE | 2nd August 2021

PAG ALAN M. INES

Moderator

### Programme

I. Call to Order _____	Pres. Lani Castaniaga
II. Rotary Grace _____	VP Joy Torres
III. National Anthem _____	Sps Joey Balano
IV. The Rotary Hymn _____	PP Xavier Bayan
V. The Rotarian Pledge _____	PP Wang Rallos
VI. Introduction of Visiting Rotarians & Guests _____	PAG Alan Ines
VII. Secretary's Report _____	PE/Sec Evernie Alfeche
VIII. Treasurer's Report _____	Treas. Jade Rallos
IX. President's Time _____	Pres. Lani Castaniaga
X. Open Forum	
XI. Adjournment _____	Pres. Lani Castaniaga

### The Rotarian Pledge

I am a Rotarian. I will always uphold the truth.  
 I am a Rotarian. I will always strive to be fair in all my dealings with my fellow human beings.  
 I am a Rotarian. I will always endeavor to build goodwill and understanding in my community. Among my countrymen, and among peoples of all nations.  
 I am a Rotarian. I will always seek to promote the greatest good for the greatest number of people in the spirit of Rotary service.  
 I am a Rotarian. I will always observe Rotary International's motto:  
 Service Above Self.  
 And I will promote this year's theme "Serve to Change Lives".



### Invocation

We pray Almighty God that you bless our meeting with good acquaintance and fellowship. Please help us to see those in need and give us strength and wisdom to serve our community. Guide each one of us to dignify our occupation as an opportunity to serve others.  
 Dear Lord, being in Rotary allows us to serve others. We ask that you help us remember always the Four-Way Test as we work today and everyday. Help us to serve humbly and willingly as we focus on the needs of our community. Thank you for our gifts and help us to use them wisely.  
 Amen.



### The Four-Way Test *of the things we think, say or do.*

- 1 Is it the truth?
- 2 Is it fair to all concerned?
- 3 Will it build goodwill and better friendships?
- 4 Will it be beneficial to all concerned?

# The Club 101 Calendar of Activities



## July

New Leadership Month



## August

Membership & New Club Development Month



## September

Basic Education and Literacy Month



## October

Economic and Community Development Month  
October 24  
World Polio Day



## November

Rotary Foundation Month  
November 1-7  
World Interact Week  
November 26-27  
Presidential Conference, Manila



## December

Disease Prevention and Treatment Month



## January

Vocational Service Month



## February

Peace and Conflict Prevention & Resolution Month  
February 23  
Rotary's Anniversary



## March

Water and Sanitation Month  
March 14-18  
World Rotaract Week



## April

Disease Prevention and Treatment Month



## May

Youth Service Month



## June

Rotary Fellowships Month  
June 30  
Rotary International Convention, Houston, Texas



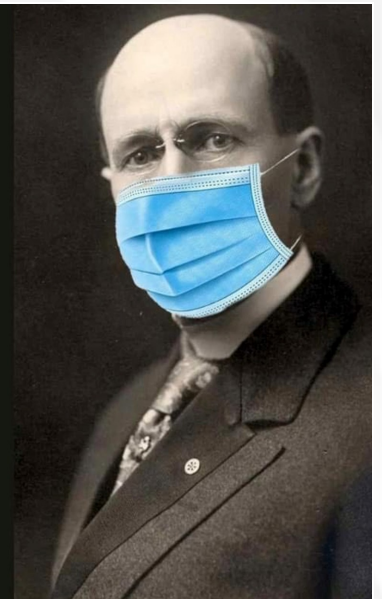
### Paul Harris Quotes

Rotary changes us and those we serve.

I believe we can change the world, one life at a time.

Polomolok 101

Rotary Club



# Rotary Year 2021-2022

**Invocation**

*O Lord, grant us all present here with Your peace, help us in all things to rely upon Your holy will. In every hour of the day reveal Your will to us through Rotary. Bless our dealings with all those who surround us. Teach us to treat all that comes to us throughout the week with peace of soul and with firm conviction that Your will governs all. In all our deeds and words, guide our thoughts and feelings. In unforeseen events, let us not forget that all are sent by You. Teach us to act firmly and wisely, without embittering and embarrassing others. Let us also give gratitude for our opportunity to serve Rotary. Let us give thanks to all our past leaders of this Club and the District 3880. Give us strength to bear the fatigue of the coming day with all that it shall bring. Direct our will, teach us to pray. And You, Yourself, pray in us. Amen.*

**Declaration of Rotarians in Businesses or Professions**

As a Rotarian engaged in a business or profession, I am expected to:

- \*Consider my vocation to be another opportunity to serve;
- \*Be faithful to the letter and to the spirit of the ethical codes of my vocation, to the laws of my country, and to the moral standards of my community;
- \*Do all in my power to dignify my vocation and to promote the highest ethical standards in my chosen vocation;
- \*Be fair to my employer, employees, associates, competitors, customers, the public, and all those with whom I have a business or professional relationship;
- \*Recognize the honor and respect due to all occupations which are useful to society;
- \*Offer my vocational talents: to provide opportunities for young people, to work for the relief of the special needs of others, and to improve the quality of life in my community;
- \*Adhere to honesty in my advertising and in all representations to the public concerning my business or profession;

\*Neither seek from nor grant to a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship.

**THE ROTARY FOUR WAY TEST**  
Of the things that we think, say or do...

*In each of us*

Is it the **TRUTH**?  
Is it **FAIR** to all concerned?  
Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?  
Will it be **BENEFICIAL** to all concerned?

*There is a little of all of us*



*17<sup>th</sup> Induction and Hand Over Ceremonies*

August 28, 2021 11:00 AM  
The Barn, Polomolok, South Cotabato

Part I Part II Processional	LUNCH
Call to Order	<b>IPP Nieven May Alfeche</b>
Invocation	<b>PP Melani Deypalan</b>
National Anthem	
The Rotary Hymn	
Declaration of Rotarians in Businesses or Professions	<b>PP Rogelio "Wang" Rallos, Jr</b>
Introduction of Guests	<b>PAG Alan Ines</b>
Welcome Address	<b>PAG May Urbano</b>
Charging of Club President	<b>PP Xavier Bayan</b>
<b>INDUCTION</b>	<b>IPDG Rodel Riezl Reyes</b>
Presentation of Tokens	<b>IPP Nieven May Alfeche</b>
Charging of New Members	<b>PP Maribel Acuesta</b>
Induction of New Members	<b>DMC Jose Fortunato "Chi" Uy</b>
Valledictory Address	<b>IPP Nieven May Alfeche</b>
Hand Over of Club Leadership	<b>IPP Nieven May Alfeche</b>
And Gavel	
Acceptance Speech	<b>Pres. Lani Castaniaga</b>
Message	<b>IPDG Rodel Riezl Reyes</b>
Closing Remarks	<b>PE/SEC Evernie Alfeche</b>
Adjournment	<b>Pres. Lani Castaniaga</b>
<b>PAG ALAN INES/PP BEL ACUESTA</b> Masters of Ceremony	

**RC POLOMOLOK 101 OFFICERS 2021 -22**

<b>PRESIDENT</b>	Lani Castaniaga
<b>VICE PRES./ PN</b>	Mary Joy Torres
<b>PRES-ELECT/SEC</b>	Evernie Alfeche
<b>EXEC SEC</b>	May Urbano
<b>TREASURER</b>	Jade Rallos
<b>AUDITOR</b>	Gladys Balano
<b>PIO</b>	Rona Pineda
<b>Sgt. at Arms</b>	Rizaldy Cruz
<b>PROTOCOL OFFICER</b>	Fanny Fernandez
<b>CICO</b>	Evernie Alfeche

**DIRECTORS**

<b>Membership</b>	Maribel D. Acuesta
<b>Public Image</b>	Omar Gallinero
<b>Club Admin</b>	Celema Grino
<b>TRF</b>	Rogelio Rallos, Jr.
<b>DRRM</b>	Alan M. Ines
<b>Service Project</b>	Xavier Bayan

**FOUR AVENUES OF SERVICE DIRECTORS:**

<b>Vocational Service</b>	Melani Deypalan
<b>Community Service</b>	Alan Ines
<b>International Service</b>	Malou Teoxon
<b>Youth Service</b>	Xavier Bayan
<b>IPP</b>	Twinkle Alfeche

**Roster of Members**

Acuesta, Maribel , RFSM +2  
Alfeche, Evernie  
Alfeche, Nieven May, PHF  
Amolat, Grace  
Balano, Gladys ,RFSM +2  
Bayan, Xavier ,PHF +2  
Castaniaga, Lani, RFSM+1  
Cruz, Rizaldy, PHF  
Deypalan, Melani ,RFSM  
Fernandez, Fanny ,PHF  
Gallinero, Omar, PHF+1  
Grino, Celema ,RFSM+2  
Ines, Alan ,PHF  
Jandic, Darnie ,RFSM  
Jesura, Grace  
Maliwat, Espie , RFSM+1  
Mondejar, Edelyn  
Pineda, Rona  
Rallos, Jade,PHF+1  
Rallos, Wang, PHF+3  
Sabellano, Ivie, RFSM +3  
Teoxon, Malou  
Tongula, Tommy  
Urbano, May, PHF+1

**Classification**

Dental Services; Pediatrics  
Management; Transport Services  
Management; Cooperative  
Management; Cooperative  
School Registrar; Private  
Law; General Practice  
Management; Government Bank  
Architecture; Building  
Dental Services; Orthodontics  
Insurance; Life&Non-Life  
Management; Photography & Events  
Dental Services; Hospital  
Administration; Private School  
Management; Spa  
Management; Commercial Banking  
Management; Real Estate  
Investment Consultant; Insurance  
Management; Farm Resort  
Medical Technologist  
Management; Medical Supplies Distribution  
Management; Commercial Bank  
Management; Travel Agency  
Management; Commercial Bank  
Management; Restaurant

**New Members**

Torres, Mary Joy  
Baldostamon, Ducky  
Buaron, Kris Blanca

Management; Logistics  
Management; Restaurant Cafe  
Registered Nurse

\*PHF- Paul Harris Fellow  
\*RFSM- Rotary Foundation Sustaining Member

# AUGUST ACTIVITIES

## MATERNAL & CHILDHEALTH PROJECT

Polomolok 101  
**Rotary**  
Club



**"We Heal & Care as One"**



# AUGUST ACTIVITIES

## 17th Induction & HandOver Ceremonies

Polomolok 101  
**Rotary**  
Club





# Sunshine Greetings!

## Happy Birthday!

August 11– PP Bel Acuesta

August 16– PP Espie Maliwat

August 08– Rotakid Elvina



## Happy Anniversary!

August 28–PP Xavier & Sps Eunice



### Plant lover's corner!

by VP Joy Torres

#### Which indoor plants require low light?

Indoor plants that need little light could be good fits for locations where light is more dim. Some plants that require low light are:

**Philodendron** – A very common indoor plant that rarely attracts pests. It's a hearty plant that is adaptable to various environments

- Pothos or Devil's Ivy- A plant with colorful and vibrant leaves. This plant does great in a variety of environments, thriving in low light or in bright, indirect light.

**Dracaena**– This is another popular indoor plant with long green leaves. This is one indoor plant you will want to prune if foliage gets too long,

# The Rotary Hymn

by George Canseco

I. I want to be a Rotarian for the world,  
 Make the Rotary flag be a flag of peace unfurled;  
 I shall serve my community,  
 Help achieve universal unity  
 Through Rotary, I shall dedicate my all,  
 World understanding shall be my cherished goal.

Chorus:

With the Four Way Test  
 I will pursue my quest  
 And if I, in a way help obtain  
 Peace in the world  
 We shall not have lived in vain.

II. I observe service above self,  
 Lend a hand to all who need my help;  
 I'll get my spouse to involve in Rotary  
 And in Rotary ways I will train my family.  
 (Back to Chorus)

III. Build a bridge for tomorrow's youth,  
 Strengthened by nothing but the truth;  
 Let's join our hands, there's no reason we'll divide.  
 We shall all understand, while the  
 good Lord is our guide.  
 (Back to Chorus)

IV. Peace be achieved,  
 We shall not have lived in vain.



#### Which indoor plants are the easiest to take care of?

Below is a list of indoor plants that are easy to take care of:

- Sansevieria
- Philodendron
- Most succulents
- Pothos
- ZZ Plants

# ..... Our Sponsors .....



Download the **FOODPANDA** APP and order at **THE URBAN KITCHEN - CANNERY ROAD** now!

Ready to take orders from 10:00 AM to 1:30 PM! Mondays to Saturdays

\*Hours subject to change without prior notice

"Great food at affordable prices!"

Visit us at **F.G. Urbano Bldg., Rañada Subd., Cannery Rd., Polomolok, SC** to get deliciously affordable lutong bahay meals!

May authentic lutong bahay experience ka na for **as low as ₱25!**

Innovation  
Products  
Expertise  
Support

**TWINCIRCA**<sup>®</sup>  
MARKETING

"A Lifelong Global Leading Partner in Healthcare Solutions"

Telefax +63.83.500.3046 • Mobile +63.922.863.1114, +63.922.863.1116 • Email us at: twincircamarketing1@gmail.com  
Address: Cannery Site, Polomolok, South Cotabato

**DBP**

We Build **Possibilities.**

**HERBALIFE**  
NUTRITION

..... *Our Sponsors* .....



**POLMARGEN TRANSPORT MULTI-PURPOSE COOPERATIVE**

CDA Reg. No. 9520-12004684

OTC Accreditation No. 2011-212

Flying V Gasoline Station

Crossing Dagoc, National Highway, Polomolok

9504 South Cotabato

Tel. No. (083) 553-5153

Email address: [polmargen\\_flyingv@yahoo.com](mailto:polmargen_flyingv@yahoo.com)

